



Grupo Mulheres do Brasil
Núcleo Sul da Flórida

**Don't confuse
love with abuse**

**Say NO to
domestic violence**

What is Domestic Violence?

Domestic violence is defined as a situation in which one partner threatens or abuses the other.



Violence can be emotional (psychological, moral and/or related to immigration), sexual, physical, related to property, and can also be in the form of child abuse.



Many cases of domestic violence occur due to the consumption of alcohol or drugs; however they can also be motivated by attacks of jealousy.



Most verified cases happen against the woman.



Grupo Mulheres do Brasil
Núcleo Sul da Flórida

Understanding the different types of abuse

SEXUAL

- A jealous person who harasses you with imaginary events and assumes that you are going to have sex with anyone else who is available.
- Forcing you to undress when you don't want to.
- Publicly showing sexual interest in other people and not hiding extramarital relationships.
- Forcing a partner to perform certain undesired sexual acts, or to commit sadistic sexual acts.
- Rape or sexual coercion.
- Forcing you to have sex with other people.

EMOTIONAL

- Ignoring your feelings and ridiculing or insulting your beliefs, values, religion, race, heritage or class.
- Continuously criticizing, offending and yelling at you.
- Regularly threatens to leave you.
- Threats to kidnap, injure or mistreat your children if you don't want to continue in the relationship, or don't want to do something.
- Manipulating you with lies and contradictions.
- Holding back sex and affection.

FINANCIAL

- Not allowing you to work.
- If you are working, causing problems at your work; trying to get you fired.
- Keeping you in underemployment or in a job you don't like.
- Controlling money or resources, making you ask for money because everything is in the name of the aggressor.
- Refusing to work or share money.

How to identify if you are on the verge of suffering domestic violence

- 1. Are you being offended, cursed or made to feel guilty when things go wrong?**
- 2. Is your free time limited only to your partner's interest?**
- 3. Are you forbidden to use money, or can't buy anything for yourself?**
- 4. Is it impossible to enjoy friendships due to your partner's jealousy?**
- 5. Your partner has an unstable personality, you never know what to expect from him?**
- 6. Do you seek or make excuses for your partner's behavior?**

7. Do you have to work harder than your partner, whether you are paid or not?

8. Do you feel you should ask for permission to do anything?

9. Are you sometimes punished for “bad behavior”?

10. Are you always the victim of humiliating jokes?

11. If you express an opinion contrary to your partner's, does it cause an argument?

12. Do you live in fear of your partner, or the one you love?

If you answered 'YES'

1 or 2

Take note, and work together to improve problem areas.

3 or 4

Seriously examine the relationship and seek expert advice.

5 or 6

This is a relationship with problems, the issue is abuse. Counseling as a couple may not be appropriate until the fear is removed.

7 to 13

Crisis intervention required!

Seek individual professional help with a therapist or counselor familiar with abuse issues. Joint therapy is not recommended.

Identifying physical violence



Threats: injured with a gun, killing you or killing a member of your family or a pet.



Pushing, slapping or punching, trying to strangle, starting a fire, choking, throwing objects at you.



Physically restrict your freedom to come and go.



Refusing to help you when you are sick or injured and/or not allowing you to eat properly.



Driving recklessly when you are inside the vehicle.

**Seek Psychological
and Legal help**

Declaration of Victim's Rights in the State of Florida

- You have the right not to be emotionally or physically abused by your husband or wife.
- You do not have the right to abuse your spouse psychologically.
- You have the right to legal protection for yourself and your children, including a Protection Order.
- You have the right not to be harassed, persecuted or intimidated.
- You have the right to seek custody of your children to protect them from abuse, both temporarily and permanently.
- You have the right to privacy.

- You have the right to be safe from Domestic Violence in your own home, your workplace, and in the community.
- You have the right to seek court action against your abuser.
- You have the right to say no to unwanted sex.
- You have the right to seek an equal share of assets in the event of a divorce.
- You have the right to receive information from the police relating to local Domestic Violence agencies and centers, Protection Orders and injunctions.

The following institutions offer a range of services for adults and children who are victims of domestic violence

**The provide support for victims
regardless of immigration status,
race, social class or marital status.**



Who to turn to

Psychological and legal guidance in cases of emotional, financial, sexual or social abuse, shelter and support in the case of physical violence or the threat of physical violence

EMERGENCY CARE

FLORIDA

FLORIDA COALITION AGAINST DOMESTIC VIOLENCE

Toll Free: 800-500-1119
24 hours a day

[Click here](#) for a list of Florida Coalition
Against Domestic Violence care
organizations in the counties of the
State of Florida

BRAZILIAN CONSULATE

assistência.miami@itamaraty.gov.br
psicologadoconsulado@gmail.com

[https://miami.itamaraty.gov.br/pt-
br/violencia_domestica.xml](https://miami.itamaraty.gov.br/pt-br/violencia_domestica.xml)

Daytona

Family Life Center
(386) 437-3505

West Palm Beach

Harmony House
(561) 640-9844

Orlando

Hope And Justice Foundation
(407) 360-3426

Miami

The Safe Place
(305) 758-2546
TTY: (847) 249-6557

The Lodge
(305) 693-0232

CVAC – Coordinated Victims
Assistance Center
(305) 285-5900
Psychological care and shelter

Women in Distress

24-hours crisis hotline: (954) 761-1133

Outreach center: 954-760-9800 (ext . 1400)

to schedule an appointment

TTY: (954)-527-5385

National Domestic Violence Hotline

Toll Free: (800) 799-7233

TTY: 1-800-787-3224

Help Now

**Domestic Violence and Sexual Assault
Center Hotline:**

(English – Portuguese interpreter provided)

(407) 847-8562

TTY: (407) 846-2472

AVDA's Community of Hope

(561) 265-3797

Aid to Victims of Domestic Abuse, Inc. (AVDA®)
P.O. Box 6161
Delray Beach, FL 33482

Lotus House

305-438-0556

National Helpline: 1-800-786-2929

Florida Domestic Violence Hotline

1-800-500-1119 (Spanish/English/Creole)

<https://www.fcadv.org/florida-domestic-violence-hotline-1-800-500-119>

<http://www.thehotline.org>

TTY: 1-800-621-4202

Womens Law – Legal Support

800-799-7233 (Spanish/English/Creole)

<https://www.womenslaw.org/find-help/fl>

**Broward Sheriff's Office – BSO's
Victim Services
(954) 321-4200**

NON-EMERGENCY CARE

BRAZIL

MINISTRY OF WOMEN, FAMILY AND HUMAN RIGHTS

**Telephone: 100 (other occurrences)
and 180 (domestic violence) in USA**

Step 1 – Dial 1 800 745 5521

Step 2 – Enter 1 for service in Portuguese

Step 3 – Enter 1 for direct collect call

Step 4 – Dial 61 3535 8333

- WhatsApp: +55 61 99656 5008
- Instagram DIREITOS HUMANOS BRASIL
- Download the DIREITOS HUMANOS BRASIL App



**Note: Complaints will be forwarded
to the Brazilian Consulate**

COMMITTEE FOR THE
COMBAT OF VIOLENCE
AGAINST WOMEN



**Guide developed by
Grupo Mulheres do Brasil Sul da Florida**



Grupo Mulheres do Brasil
Sul da Flórida

SECRETARIA NACIONAL
DE PROTEÇÃO GLOBAL

MINISTÉRIO DA
MULHER, DA FAMÍLIA E
DOS DIREITOS HUMANOS

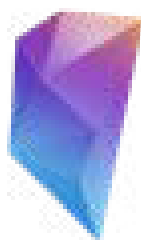


PÁTRIA AMADA
BRASIL
GOVERNO FEDERAL



UNITED NATIONS ASSOCIATION
OF THE UNITED STATES OF AMERICA

Miami Chapter



TITANIUM
DIGITAL MARKETING

 **translators.com**